



Quick Facts

- Safe affordable housing with income support from Alberta Works
- Structured
- Out Patient Treatment for the first 14 weeks of the second stage program.
- Program runs 3 days a week between 10 am- 4 pm
- Client-centered philosophy
- Friendly and respectful atmosphere
- Certified and experienced

Kapown Rehabilitation 2nd Stage Housing

Information Package

Integrated co-occurring disorder program for adults suffering from Addiction & Mental Health Issues

The 2nd stage program was created to help reduce barriers for clients at a higher risk for relapse. The program has a mandatory 14- 42 day outpatient treatment program that is evidence based and facilitated by a certified addictions counselor. The second part of the 2nd stage housing program focuses on life skills, budgeting, Employment and job search skills along with resume building. We will also help you navigate through any other programs you may be interested in.

The first 14 weeks of the program are designed to complement the 56- day residential treatment program at Kapown Rehabilitation Centre. This outpatient treatment program is based on the Seeking Safety Program Curriculum. You will learn to live a safe and healthy lifestyle and also how to budget on a limited amount of income. The purpose of this program is for the client to regain their sense of self and enjoy increased confidence in moving forward in their new sober lifestyle.

Our treatment philosophy is based on the recognition that addiction is a disease which effects a person physically, mentally, emotionally and spiritually. We help individuals find the motivation, skills, resources and inner strength they need to maintain a clean and balanced lifestyle.



God. Grant me
Serenity to accept
things I cannot change
the Courage to change
the things I can.
And the Wisdom to
know the difference
it

who y
stay here!
ere, let

- Listen when others are talking
- Keep your language clean and respectful